The Evolving Services of the NRMCA Concrete Design Center

Expanding Consulting Services for: Architects, Engineers, Developers, and Contractors





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Agenda

Introduction:

Donn Thompson, AIA, LEED AP, BD+C

Senior Director, Building Innovations NRMCA

Summary of Services

Derek Torres

Project Manager, Concrete Promotion

Build with Strength Case Study – University of Kentucky

Brett Ruffing, LEED Green Associate

Executive Director, Kentucky Concrete Association

Pave Ahead Concrete Design Center

Luke McHugh, P.E.

Senior Director, Local Paving

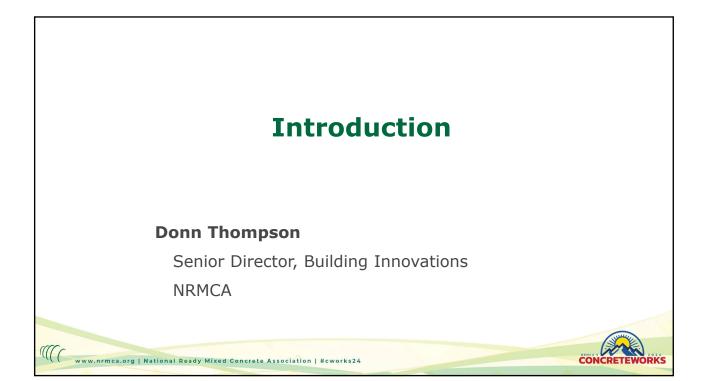
Q & A



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Build with Strength Concrete Design Center

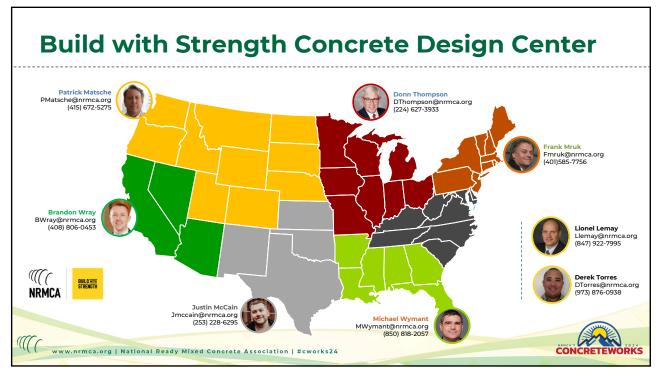
Structural system recommendations
First cost comparisons
Operating cost comparison
Design/construction collaboration

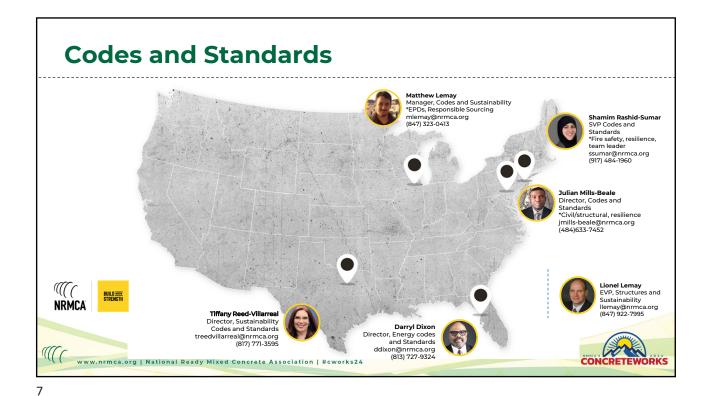
ENTER

WE CAN HELP YOU BUILD FOR A LIFETIME

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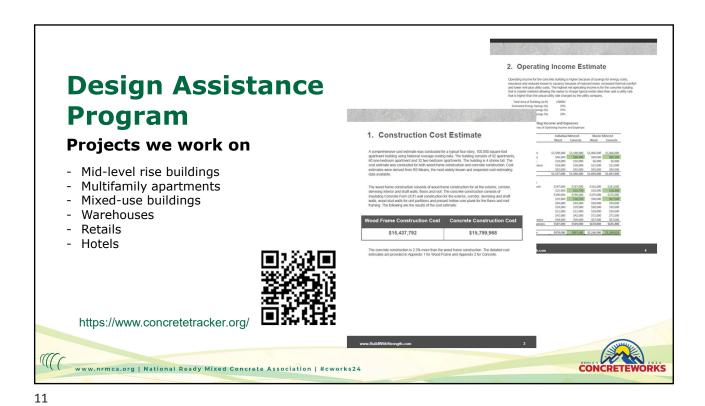




Brian Killingsworth, P.E. Luke McHugh, P.E. Eastern Plains / North New England <u>lmchugh@nrmca.org</u> Executive Vice President, Team Lead bkillingsworth@nrmca.org WA MT ND OR MN ID SD WY IA -NJ NE NV _DE UT ΙL CO MD CA VA KS МО DC Greg Halsted, P.E. NC ghalsted@nrmca.org TN Phil Kresge ΑZ NM AR pkresge@nrmca.org AL MS Amanda Hult, P.E. Southeast M**PAVE** AHEAD ahult@nrmca.org PAVE A AHEAD BUILD with STRENGTH





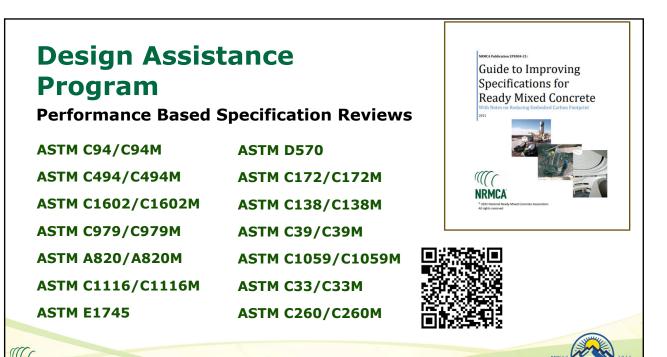


Design Assistance Program

Performance Based Specification Reviews

Another free service offered by Build With Strength where we review cast-in-place concrete specifications to provide feedback to promote more sustainable practices to achieve carbon neutrality.

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Design Assistance
Program
NRMCA Concrete Carbon
Calculator

Producer

Producer

Designer

Access at https://nrmca.climateearth.com/

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Build with Strength Case Study: University of Kentucky Health Education Building Lexington, KY

Brett Ruffing, LEED Green Associate

Executive Director
Kentucky Concrete Association





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Project Details

Project Team:

Turner Construction – CM
Lithko – Concrete Contractor
Brown + Kubican – Structural Engineer
JRA Architects – Architect
Paladin KY – LEED Consultant
RM Producer – Harrod Concrete & Stone
Cement Supplier – Heidelberg Materials

\$380 million project & 500,000 ft2 -

Largest building on campus other than UK Albert B. Chandler Hospital (1.1 million ft²)

House programs for colleges of Medicine,
Public Health, Health Sciences, &
Nursing; Center for Interprofessional
& Community Health Education





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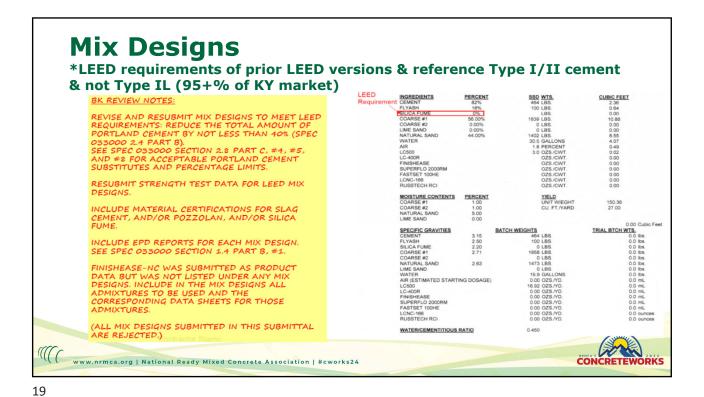
LEED Requirements

- C. Cementitious Materials: Supplier shall coordinate surface treatment compatibility with cementitious materials. Limit percentage, by weight, of cementitious materials other than portland cement in concrete as follows:
 - LEED Requirement: Use fly ash, pozzolan, slag cement, and silica fume as needed to reduce the total amount of portland cement, which would otherwise be used, by not less than 40 percent.
 - Fly Ash: 20 percent for Type F or 25% for Type C. Use of fly ash in concrete where incompatible with admixtures or other treatments is prohibited.
 - 3. Combined Fly Ash and Pozzolan: 25 percent.
 - 4. Slag Cement: 50 percent.
 - Combined Fly Ash or Pozzolan and Slag Cement: 50 percent portland cement minimum, with fly ash or pozzolan not exceeding 25 percent.
 - 6. Silica Fume: 10 percent.
 - Combined Fly Ash, Pozzolans, and Silica Fume: 35 percent with fly ash or pozzolans not exceeding 25 percent and silica fume not exceeding 10 percent.
 - Combined Fly Ash or Pozzolans, Slag Cement, and Silica Fume: 50 percent with fly ash or pozzolans not exceeding 25 percent and silica fume not exceeding 10 percent.

Mix designs submitted for this project were the same mixes & same mix requirements that were utilized (and approved by same structural engineer) for Commonwealth Stadium project a couple years earlier

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Build With Strength Involvement

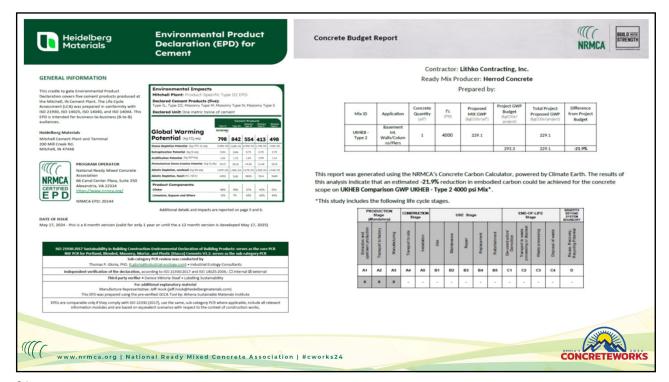
Process:

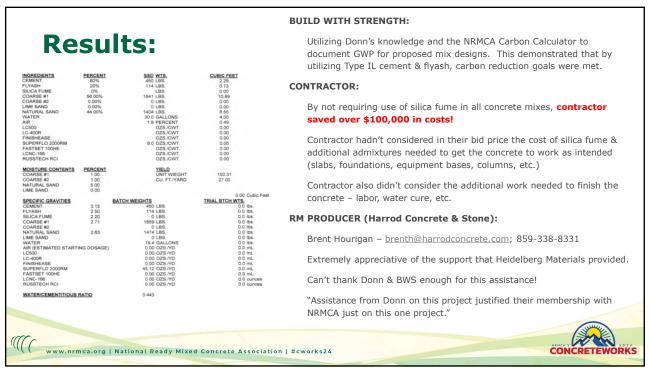
*trying to urge not requiring use of silica fume in all concrete mixes & to utilize current LEED documents

- Harrod Concrete & Stone (& Heidelberg Materials) solicited assistance of KCA & Brett's LEED knowledge
- 2. Not enough for Brown + Kubican
- KCA solicited advise from NRMCA's Colin Lobo & Lionel Lemay
- Colin & Lionel's responses not satisfactory
- Donn Thompson reached out to KCA offering assistance from BWS Design Center – gladly accepted!
- 7. Virtual meeting held with all project partners, KCA & BWS
- 8. FINALLY! Paladin & Brown + Kubican understood!





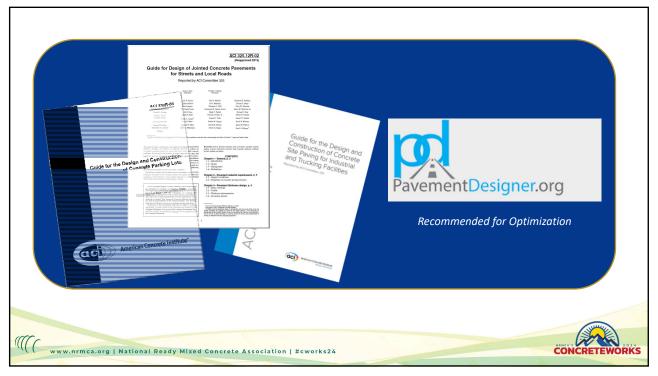












Alternative Pavement Designs

- Replace or bid both asphalt and concrete pavement sections.
- · Request credit for reduced excavation and any subgrade improvements.
- · Allow owner to make an informed decision on pavement type.
- · Sustainable and more environmentally friendly paving product







Pavement Sustainability - Definition

Refers to system characteristics that encompasses a pavement's ability to:

- 1. achieve the engineering goals for which it was constructed,
- 2. preserve and (ideally) restore surrounding ecosystems,
- 3. use **financial**, **human (social)**, and **environmental** resources economically, and
- 4. meet basic human needs such as health, safety, equity, employment, comfort, and happiness.

Source: FHWA-HIF-15-002, Towards Sustainable Pavement Systems: A Reference Document, January 2015



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Pavement Sustainability Considerations

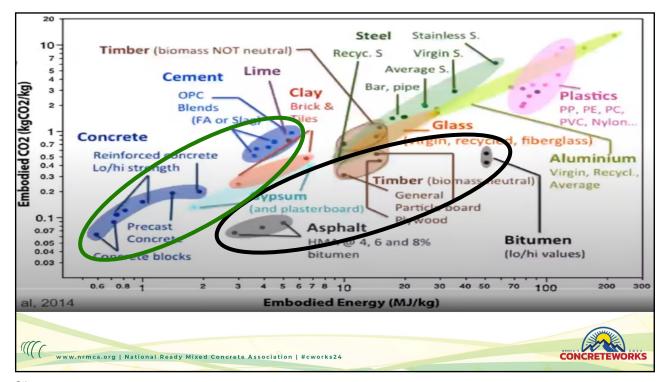
- greenhouse gas (GHG) emissions
- energy consumption
- impacts on habitat
- water quality
- changes in the hydrologic cycle
- air quality

- mobility
- access
- freight
- community
- depletion of non-renewable resources
- economic development

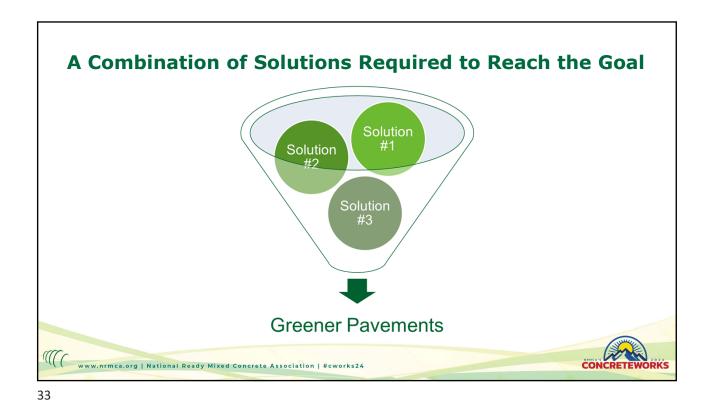
FHWA-HIF-15-002, Towards Sustainable Pavement Systems: A Reference Document, January 2015



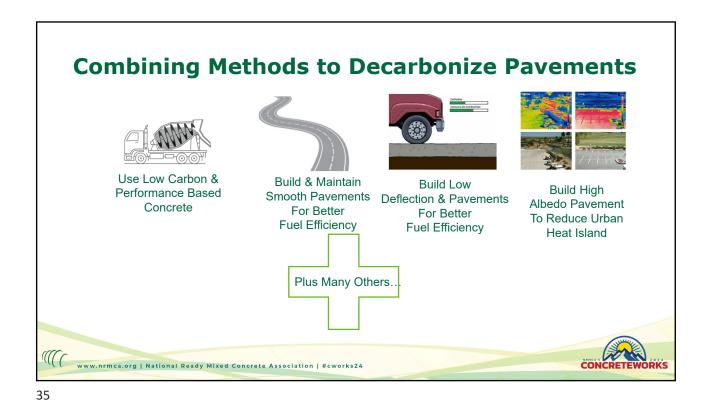








The Top 10 Ways to Reduce Concrete's Carbon Footprint Communicate Carbon Reduction Goals Specify Admixtures Ensure Good Quality Control and Don't Limit Ingredients 00 Assurance Set Targets for Carbon Footprint Optimize Concrete Design Sequester Carbon Dioxide in Specify Innovative Cements Concrete Specify Supplementary Cementitious **Encourage Innovation** Materials Webinar: buildwithstrength.com/education/



Embodied and Operational (Use) GHG Emissions Embodied Embodied Embodied Embodied Embodied Embodied Embodied Embodied Embodied **GHG** Emissions Time Landfill Extract and Transport Manufacture Transport Construct Use and Remove Haul away process raw all materials concrete to paving pavement maintain the pavement waste materials to concrete project or recycle materials recycle / pavement plant in-place reuse Cradle-to-Gate Cradle-to-Grave Based on an illustration by Stacy Smedley (www.climategifs.com) www.nrmca.org | National Ready Mixed Concrete Association | #cworks24

EPDs Start the Process

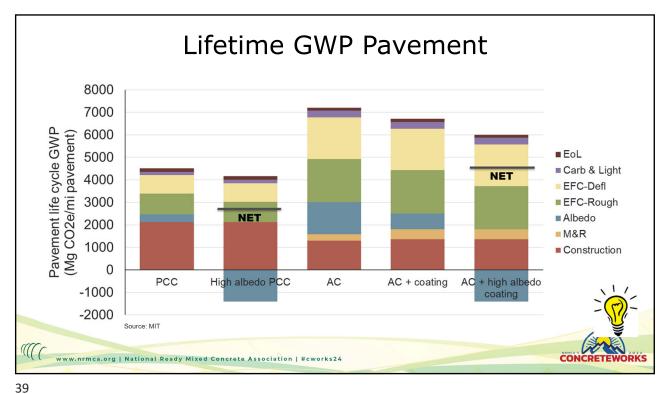
- Just the start
- Incomplete story
- · Material production GWP
- · Does not consider use
- Requires broader messaging
- Correct messaging

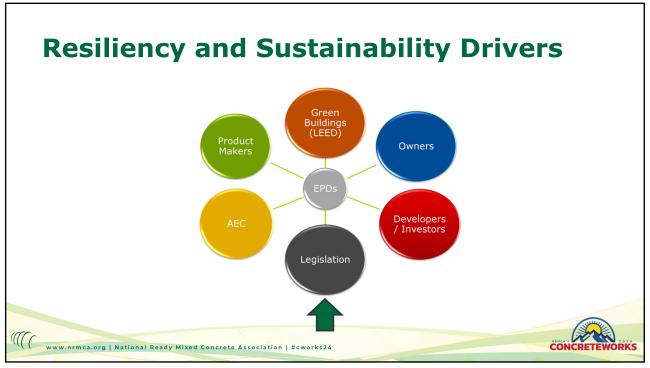
ENVIRONMENTAL IMPACTS Declared Product: Mix 6113021 • Yard 32 Plant Description: 14000psi @ 56 days NA HRWR Compressive strength: 14000 PSI at 56 days Declared Unit: 1 m³ of concrete ne Depletion Potential (kg CFC-11-eq) 1.21E-5 Acidification Potential (kg SO₂-eq) 1.48 0.63 Eutrophication Potential (kg N-eq) chemical Ozone Creation Potential (kg Ozer 29.6 c Depletion, non-fossil (kg Sb-eq) 2.96E-4 Abiotic Depletion, fossil (MJ) 1,238 Total Waste Disposed (kg) umption of Freshwater (m3) 3.81 Product Components: crushed aggregate (ASTM C33), Portland cement (ASTM C150), admixture (ASTM C494), fly ash (ASTM C618), silica fume (ASTM C1240), batch water (ASTM C1602)

Additional detail and impacts are reported on page three of this EPD

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H.R.3684 - Infrastructure Investment and Jobs Act (2021)

- Water: Deliver clean water to all American families and eliminate the nation's lead service lines.
- Roads & Bridges: Repair and rebuild our roads and bridges with a focus on climate change mitigation, resilience, equity, and safety.
- Transit: Improve transportation options and reduce greenhouse emissions through investment in public transit.
- Airports & Ports: Upgrade airports and ports to improve competitiveness, create more and better jobs at these
- Rail: Invest in passenger rail to create safe, efficient, and climate-friendly alternatives for moving people and freight.
- Electric Vehicles: Build a national network of electric vehicle (EV) chargers.
- Power: Upgrade power infrastructure to deliver clean, reliable energy and deploy cutting-edge energy technology to achieve a zero-emissions future.
- Resiliency: Make our infrastructure resilient against the impacts of climate change, cyber-attacks, and extreme weather events.
- **Pollution:** Tackle legacy pollution by <u>cleaning</u> up Superfund and brownfield sites, <u>reclaiming</u> abandoned mines, and capping orphaned oil and gas wells.

Source: The White House (Nov 6, 2021) - https://www.whitehouse.gov/briefing-room/statements-releases/2021/11/06/fact-sheet-the-bipartisan-infrastructure

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Saving on Carbon Emissions with Concrete

Assuming a 1:1 relationship between Cement and CO2 savings

1. Use of SCMs (fly ash and slag)

2. CarbonCure

3. Admixtures

4. Portland Limestone Cement (PLC)

5. Fuel Savings

up to 80% cement reduction

up to 7%

up to 8%

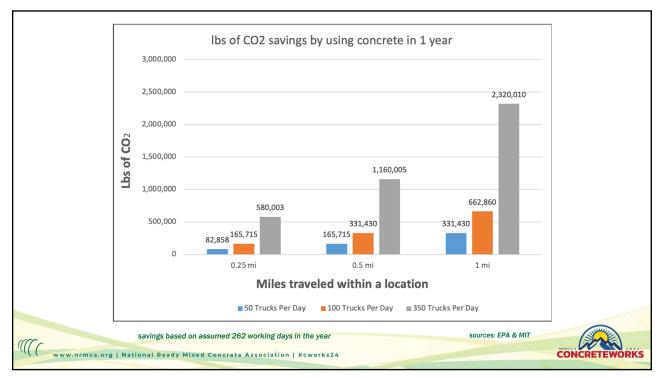
additional 10%

see next slide









SWOT Concrete Pavements STRENGTHS WEAKNESSES Durable Cost / Funding - Short term strategy Low Maintenance Perception **Heat Island Mitigation** Cement is a dirty word Product Category Rules (PCR) Reflectivity (Safety) Carbon Sink Cradle-to-Gate Sustainable **OPPORTUNITIES THREATS** Sustainability / Cradle-to-Grave Ignorance/Apathy Use phase Overdesign Education – design, construction, maintenance **Politics** Climate change Poor construction / premature failures Earn trust /time

Summary & Key Take-Aways

- The cement and concrete industries worldwide are committed to combat climate change, but we cannot do it ourselves
- There are a variety of levers <u>in-use</u> and <u>immediately</u> available to lower concrete's CO₂ emissions
- The emissions of the pavement system are the most important
- Results from a full life cycle perspective should drive decisions





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The Evolving Services of the NRMCA Concrete Design Center

Questions?



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