

SUSTAINABILITY IN CONCRETE:

REDUCING ENVIRONMENTAL IMPACT THROUGH BENCHMARKING AND ALTERNATIVES

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Global Sustainability Initiatives – The Why...

Structural Engineers 2050 Challenge:

“All structural engineers shall understand, reduce and ultimately eliminate embodied carbon in their projects by 2050”

Cement/Concrete Industry & International Energy Agency:

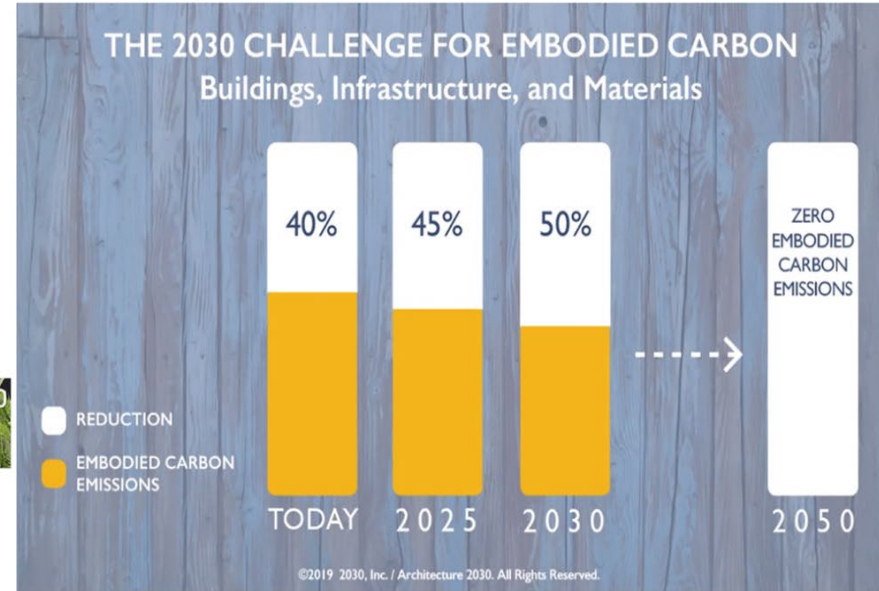
-50% reduction in CO2 emissions from 2006 levels by 2030 (CarbonCure)

Cement/Concrete Industry & International Energy Agency:

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LEED v4 Building Lifecycle Impact Reduction



The Concrete Conundrum

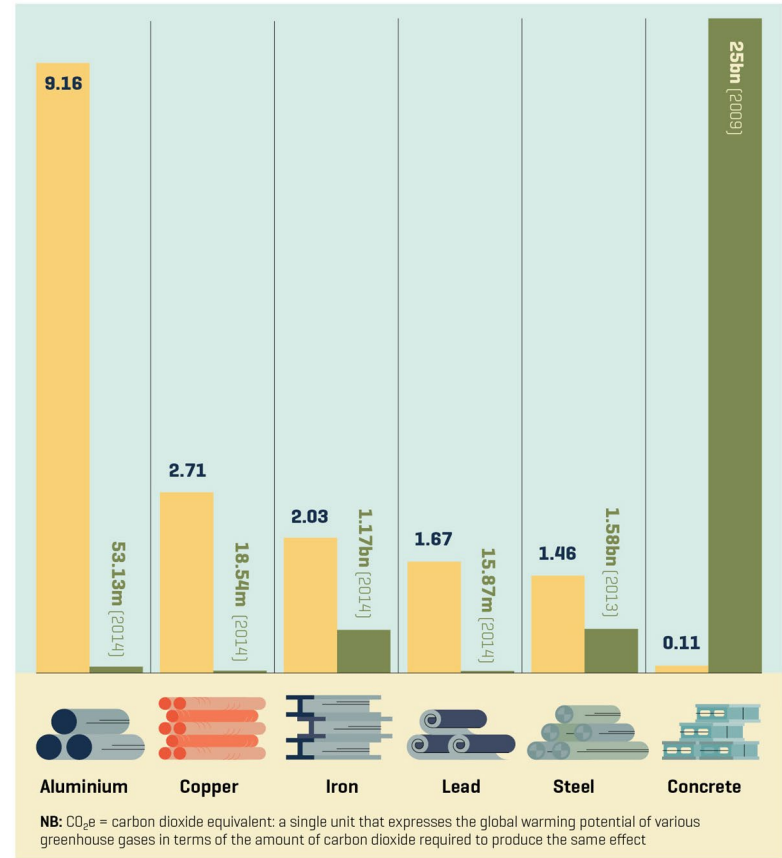
Cement accounts for ~8% of global CO2 emissions
(Chatham House)



Cement accounts for 79% of CO2 emissions related to concrete
(Jeremy Gregory)

Embodied carbon figures ■ Embodied carbon (kg/CO₂e) ■ Quantity produced (metric tonnes)

Source: The Inventory of Carbon and Energy



Avenues for Reducing Environmental Impact

1 lb cement = 1.04 lb in CO₂ (EPD - US Portland Cement)



Impact of Water on Cement Content



Excess
Water
Impacts:

Strength Development

Durability

Common
Water
Addition:

Material Water Demand

On site

Response:

Overdesign

Liability



Strength Enhancing Admixtures

Optimization & Strength Equivalency



Water Reducers & Workability Retainers

Control w/cm and total water



Synthetic Fibers

Reducing secondary reinforcing steel & freight

Admixtures

Portland Limestone Cement

Potential CO2 Savings in a 100,000 Sq Ft Building Project

- = 82 Tons
- = 164,835 lbs
- = 75 Metric Tons
- = 74,768 kg

CALCULATE AGAIN

BY VOLUME

(Buildings, Ready Mix Producers, Geotechnical)

Total volume of concrete (cu. yd.)

100

CO2 Savings with PLC

- = 2 Tons
- = 4,591 lbs
- = 2 Metric Tons
- = 2,082 kg

Cement factor (lb/cu. yd.)

564

CALCULATE AGAIN

Basic calculator assumptions:

- * 0.045 cu. yd. of concrete are used per sq. ft. of building floor space
- * one cu. yd. of concrete contains 450 lbs of cement.

For advanced calculation, input your total concrete volume and cement factor.

- Reduce GWP of mixes by 10%
- Equivalent Performance to Portland Cement
- 1:1 replacement of Portland Cement
- Contains 5%-15% Limestone
- Retain same amount of SCM usage
- Minor to no change on admixture dosages
- Permitted by Building Codes
- Conforms to ASTM C595, Type II

Athena Impact Estimator

- Free tool that evaluates whole building and assemblies based on Life Cycle Assessment methodology
- Assess & Compare environmental implications of designs
- The Impact Estimator instantly provides cradle-to-grave implications in terms of:

- Global Warming Potential**

- Acidification Potential

- Ozone Depletion Potential

- Human Health Respiratory Effects Potential

- Eutrophication Potential

- Fossil Fuel Consumption

- Photochemical Smog Potential

- The Estimator takes into account the environmental impacts of:

- Material manufacturing

- On-site construction

- Building type and assumed lifespan

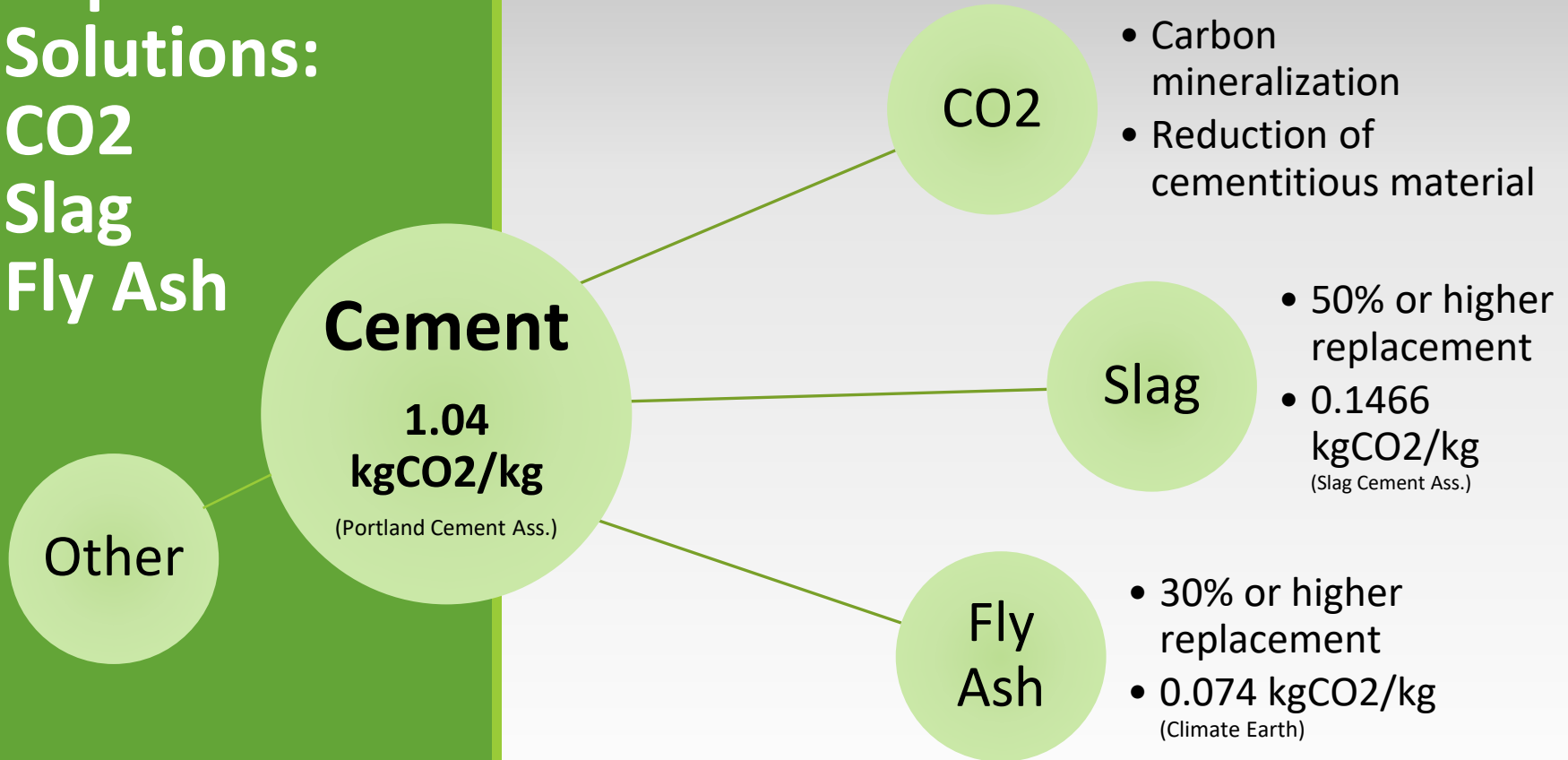
- Maintenance and replacement effects

- Related transportation

- Operational phase

- Demolition and disposal

Replacement Solutions: CO2 Slag Fly Ash



Relating to Projects & Specifications

1. Class 3000 – Concrete fill
 - a. Compressive strength at 28 days: 3000 psi.
 - b. Minimum cement content: 423 lb/cu yd.
 - c. Maximum water-cementitious ratio: 0.58
 - d. Air content: Optional.
 - e. Water-reducing admixture required.
 - f. Synthetic fibers required in unreinforced concrete
2. Class 4000: Building interior slabs on grade, not subjected to fluid or freezing
 - a. Compressive strength at 28 days: 4000 psi.
 - b. Minimum cement content: 517 lb/ cu yd.
 - c. Maximum water-cementitious ratio: 0.48
 - d. Air content: 0 to 3 percent
 - e. Mid-range water-reducing admixture required.
 - f. Synthetic fibers required.
3. Class 5000WP: Concrete for below grade structures. Concrete for structures that contain or convey water or wastewater (Contains crystalline waterproofing additive).
 - a. Compressive strength at 28 days: 5000 psi.
 - b. Minimum cement content: 620 lb/ cu yd.
 - c. Maximum water-cementitious ratio: 0.40
 - d. Air content: 6 +/- percent at point of delivery
 - e. High-range water-reducing admixture required.
 - f. Permeability reducing admixture required.

1. INTERPRET & INVESTIGATE

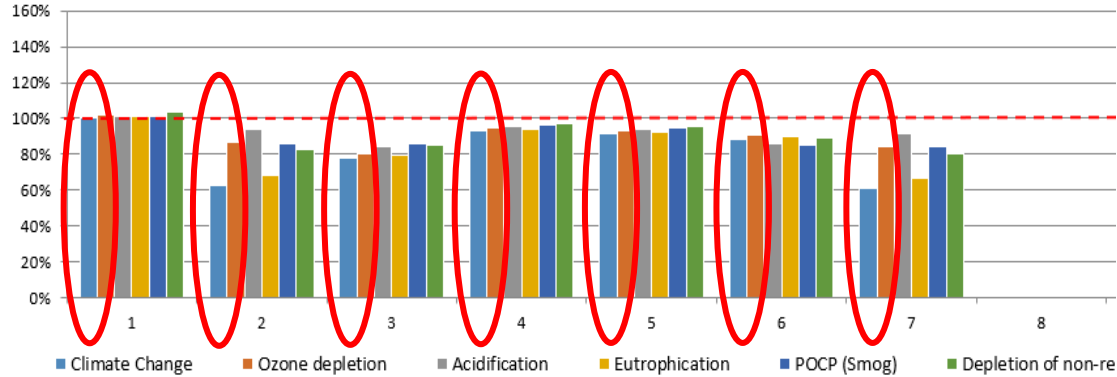
2. PROPOSE REVISIONS:

- ULTIMATE STRENGTHS
- W/CM
- MINIMUM CEMENTITIOUS

Class 3000 – Options & Analysis



Comparison of Entered Mixes to Strength Class Benchmarks



| Mix in Graph | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--------------------------------------|------------------|-----------------|-----------------|-----------------|------------------|-----------------|------------------|
| Mix ID | Class 3000 - Ber | Class 3000 - 50 | Class 3000 - 20 | Class 3000 - CO | Class 3000 - PLD | Class 3000 - Ad | Class 3000 - Cor |
| Strength (PSI) of Relevant Benchmark | 3000 | 3000 | 3000 | 3000 | 3000 | 3000 | 3000 |
| Climate Change | 100% | 62% | 78% | 93% | 91% | 88% | 61% |

Life Cycle Assessment Results

| Mix ID | Class 3000 - Ber | Class 3000 - 50 | Class 3000 - 20 | Class 3000 - CO | Class 3000 - PLD | Class 3000 - Ad | Class 3000 - Cor |
|----------------------------|------------------|-----------------|-----------------|-----------------|------------------|-----------------|------------------|
| Climate Change (kg CO2-eq) | 245.63 | 153.24 | 190.95 | 228.35 | 224.03 | 217.06 | 149.39 |

Benchmark Mix Design (per CY)

Cement 450 lbs

Water 31 gal

CA 1850 lbs

FA 1540 lbs

Low Range Water Reducer

Option 75

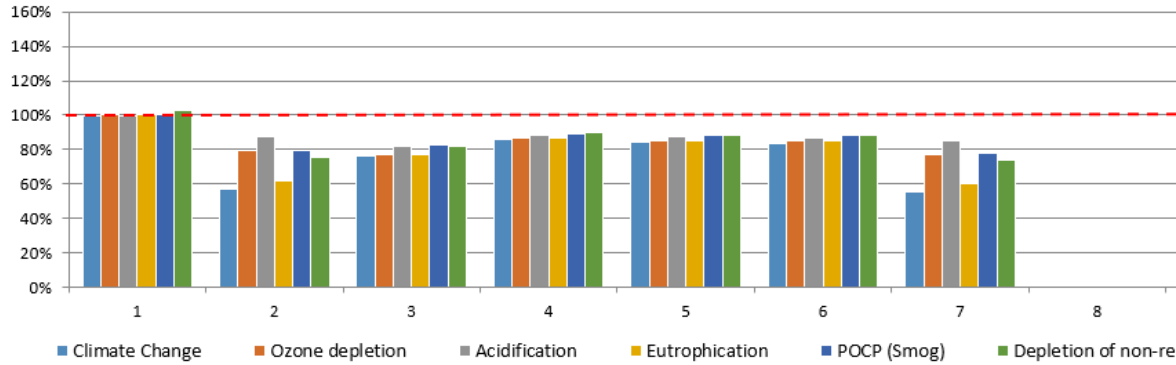
- Cement 228 lbs, Slag 218 lbs
- Cement 405 lbs
- 602 lbs FA
- 302 lbs CA
- 302 lbs Admix 8
- 88% reduction
- 9% reduction
- 12% reduction

Class 4000 – Options & Analysis



Athena
Sustainable Materials
Institute

Comparison of Entered Mixes to Strength Class Benchmarks



Mix Options

1. Benchmark
2. 50% Slag
3. 20% Fly Ash
4. CO2
5. Portland Limestone Cement
6. Strength Enhancing Admixture
7. 50% Slag & CO2

| Mix in Graph | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--------------------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Mix ID | Class 4000 - Ben | Class 4000 - 50 | Class 4000 - 20 | Class 4000 - CO | Class 4000 - PL | Class 4000 - Ad | Class 4000 - Co |
| Strength (PSI) of Relevant Benchmark | 4000 | 4000 | 4000 | 4000 | 4000 | 4000 | 4000 |
| Climate Change | 100% | 57% | 76% | 86% | 84% | 84% | 56% |

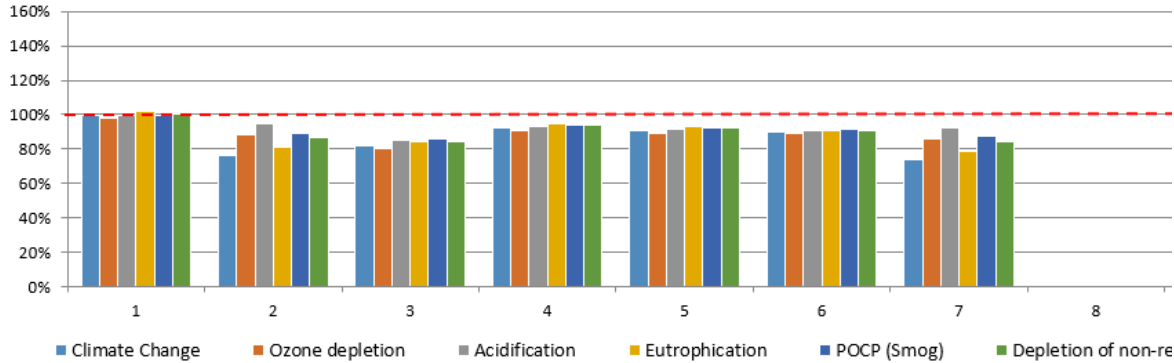
Life Cycle Assessment Results

| Mix ID | Class 4000 - Ben | Class 4000 - 50 | Class 4000 - 20 | Class 4000 - CO | Class 4000 - PL | Class 4000 - Ad | Class 4000 - Co |
|----------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Climate Change (kg CO2-eq) | 299.80 | 171.59 | 228.42 | 257.52 | 252.24 | 252.02 | 167.17 |

Class 5000 – Options & Analysis



Comparison of Entered Mixes to Strength Class Benchmarks



Mix Options

1. Benchmark
2. 50% Slag
3. 20% Fly Ash
4. CO2
5. Portland Limestone Cement
6. Strength Enhancing Admixture
7. 50% Slag & CO2

| Mix in Graph | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--------------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Mix ID | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP |
| Strength (PSI) of Relevant Benchmark | 5000 | 5000 | 5000 | 5000 | 5000 | 5000 | 5000 |
| Climate Change | 100% | 76% | 82% | 92% | 91% | 90% | 74% |

| Life Cycle Assessment Results | | | | | | | |
|-------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Mix ID | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP | Class 5000WP |
| Climate Change (kg CO2-eq) | 370.84 | 282.82 | 303.10 | 343.29 | 336.52 | 334.44 | 275.12 |

Considerations & Takeaways

- Several options to mitigate environmental impact while still designing mix that achieves project goals
 - Design can reduce concrete volume
- Sustainability push is coming from one direction and/or another... Legislation & Project Owners
- Special consideration should be given to what is ACTUALLY being specified when considering CO2 emission project allowances... ex. 4000 psi post-tension mix at 24 hours is NOT a standard 4000 psi mix
- Specifications impact GWP through w/cm, min cement content, SCM limits
 - Performance specifications will have a lower impact
 - Designers and producers need to work together to utilize options available TODAY to make an impact

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