

NRMCA Monthly Safety Initiative

Volume 2, Issue 12



Ho, Ho, Ho! – Holiday Season Safety

Ready Mixed Concrete & Safety During the Holiday Season

Whether it's at the office, at the plant, on the road, or at the jobsite, working safely takes on an added level of importance in the ready mixed concrete industry during the holiday season. It's a time when focus is easily distracted by the sights and sounds of joyous times. It's a time when workplace decorations and parties can have everyone performing tasks that many haven't done for a while. From climbing on a ladder to top the tree in the break room, to driving home looking at all the Christmas decorations around town, it's a time that all of us should take a second to... think first... about performing our jobs and living our lives safely.



What to Know About Driving During the Holiday Season

In 2020, according to the National Safety Council, it is estimated 163 people died on New Year's Day, 485 on Thanksgiving Day, and for Christmas Day 2019, it is estimated 115 lost their lives. Alcohol impairment is involved in about a third of the fatalities. For the ready mixed concrete industry that means that whether you are driving a mixer truck, hauling cement or aggregate, or even driving to and from work, the focus on safe driving is more important than ever. For your personal vehicles, prepare your car for winter and keep an emergency preparedness kit with you. Get a good night's sleep before departing and avoid drowsy driving. Leave early, planning for heavy traffic. Always buckle up, no matter how short the ride. Put that cell phone away; many distractions occur while driving, but cell phones are the main culprit. Practice defensive driving. Be especially mindful of driving after those holiday events. Designate a sober driver to ensure guests make it home safely.

Concrete Industry Holiday Season – Dos & Don'ts at the Office & the Plant

- Think first
- Don't overload electrical sockets and extension cords
- Never use damaged electrical cords
- Use ladder safety when climbing to decorate, including three points of contact
- Don't use a chair as a ladder
- Avoid slips, trips, and falls by keeping holiday cords and decorations out of walkways
- Be mindful of food allergies and food storage
- Be especially mindful of alcohol consumption
- Please be safe, enjoy time with your family and friends, and have a great holiday season

Resources

OSHA: [Holiday Workplace Safety](#)

CDC: [12 Ways to Have a Healthy Holiday Season](#)

American Red Cross: [10 Ways to Stay Safe as You Deck the Halls This Holiday Season](#)

Contacts

Gary Mullings: gmullings@nrmca.org

Kevin Walgenbach: kwalgenbach@nrmca.org

