On the Road Again!
Warmer weather means that roadwork season is in full effect, which means more ready mixed concrete is being delivered as more and more work zones are popping up on our interstates, highways, and streets. Transportation incidents and workers struck by vehicles or mobile equipment account for the highest number of fatal work injuries, according to the Bureau of Labor Statistics. Mixer drivers and others are in these high-risk areas where they are exposed to being struck by moving vehicles. Statistics show that the most likely time for a highway work zone accident is during daylight conditions and on a clear or cloudy day in August.

Highway Work Zone Recommendations
Any concrete producer employee who is likely to enter a highway work zone should receive highway work zone safety training. Mixer drivers should be on the lookout for standard highway signs outside and inside the work zone. Work zone entrances and exits may be on difficult angles to navigate, especially for a mixer truck. Be especially careful when backing and always use a spotter. If you exit the mixer truck in the work zone make sure you have all required PPE, including a hard hat and Class 2 or 3 Hi-Vis safety vest. Be especially mindful of passing vehicles inside and outside the work zone. Follow your company policy if asked to be a flagger. Many states require a flagger to be certified. Be especially careful at night pours where intense glare can limit eyesight. Finally, be very cautious when exiting a highway work zone. Many work zone exits have very limited acceleration lanes, which are particularly dangerous for slow moving mixer trucks.

Actions
Considerations for highway work zone practices:
• Think first
• Complete highway work zone safety training
• Be especially careful at work zone entrances
• Wear proper PPE, including type 2/3 Hi-Vis vest
• When backing, always use a spotter
• Pay attention to vehicle traffic inside and outside the work zone

Resources
For more information on highway work zone safety please follow the links below:
NRMCA: Safety Series
OSHA: Highway Work Zone Safety
FHWA: Highway Work Zone Safety Resources

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