

NRMCA Monthly Safety Initiative

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SLIPS, TRIPS AND FALLS

Slips, Trips and Falls

According to the National Ready Mixed Concrete Association (NRMCA), slips, trips and falls account for the majority of all workplace accidents. During the winter months, this reality is highlighted by more muddy, wet and icy walking and working surfaces. To reduce and ultimately eliminate slips, trips and falls, and the injuries and costs associated with them, especially in the winter months, ready mixed concrete producers should take just a few minutes to assess their operations and any liabilities.



Prevention

Ready mixed concrete production facilities should have all employees review procedures at plants for walking, working surfaces and fall protection on a regular basis. Reviews should include regular inspections followed by any necessary fixes, changes or updates to surfaces.

Actions

- Think first
- Use 3 points-of-contact when ascending or descending stairs or ladders
- Keep focused on footing and hand rails
- Limit slippery or icy surfaces
- Keep surfaces dry
- Adhere to proper housekeeping
- Eliminate obstacles
- Spread sand and/or salt
- Use boot/shoe crampons or cleats
- Lay out anti-slip mats or treads
- Maintain proper lighting



Resources

For more information on slips trips and falls please follow the links below:

- NRMCA: [Safety Series](#)
- OSHA: [Fall Protection & Walking](#) | [Working Surfaces](#) | [Winter Weather Preparedness](#) | [Cold Weather Working](#)

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