Safety Alert

Incident Description

The driver was removing a chute to put it away after washing down. He lifted the chute and stepped back to clear remaining chutes and tripped over a small mound of concrete in the washout area. He had identified that the hazard was present however he caught the heel of his right foot on the concrete pile, resulting in the trip. The driver fell backward and to his right, he tossed the chute away, and attempted to catch his fall with his right hand. The twisting action resulted in putting a strain on his right knee. There was discomfort in his knee but no great pain. The driver mentioned it to his supervisor but declined that he needed to have it checked out. He said it wasn't bothering him too badly and he could continue working. After resting over the weekend, treating with ice and Ibuprofen he reported for work on Monday for normal duties but did not report it. He was off the next two days due to rain. He reported for work on Thursday again for normal duties and experienced discomfort and reported that he felt like he needed to have it checked out. It was reported to XXXXX. XXXXX determined that he had already tried the home treatments so therefore he needed to have it checked by a doctor. He was sent to XXXXX Medicine where they determined he had fluid on the knee due to the strain and prescribed an anti-inflammatory and restricted duty.

Best Practices

**Number One Safety Rule for 2009:**  "IF IT IS NOT SAFE, DON'T DO IT!"  If the working conditions are unsafe stop work immediately and follow the Best Practices below.  No work is to begin if the site is unsafe.
• Always assess work areas for health or safety risks before starting a task. Eliminate the hazard, implement sufficient safeguards, locate and move to another area to execute the task at hand or postpone work until solutions are found.

• When approaching washout area, scan for possible hazards and position truck away from hazards before performing tasks.

• If during a task new hazards are identified refer to best practice first listed above.

• Inform site Foreman and plant Supervisor of areas that need to be cleaned up or scraped clean. Also advise Dispatch so other employees delivering to the site are forewarned and sales representatives notified for possible discussion of issue with our customer.

• The following is the **SOP** for reporting every accident immediately (please remember seek appropriate medical treatment first when needed).
  
  o Immediately report to your supervisor every accident or injury, no matter how slight the injury or how small the amount of damage or potential liability.
  o If an accident or injury occurs after the day shift, report it immediately to your evening or night shift supervisor or dispatch personnel.
  o Employees and supervisor together will call XXXXX for medical care for injuries. XXXXX and the supervisor are responsible for documenting the call for report requirements.
  o If a supervisor or dispatch personnel can be reached then contact your operation manager (leave a message with phone numbers if he\'s she can\'t be reached).
  o If your operation manager can be reached, contact your local safety manager (leave a message with phone numbers if he\'s she can\'t be reached).
  o Last, if no-one can be contacted, then you (the employee) may call XXXXX for to report the injury and seek medical advice.

• Employees should given XXXXX card and be comfortable contacting XXXXX on off hours to take advantage of professional advice rather than self diagnosing a condition which can delay recovery.

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**Sign In: (please print legibly)**

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**TRAINER ___________________________   DATE____________________________**