State Hours of Service Regulations for Intrastate Drivers

Alabama - Alabama has adopted the federal HOS regulations. For more information, please contact the Alabama Department of Public Safety at (334) 242-4395.

Alaska - Alaska has special federal HOS regulations (see Part 395.3 (h) of the new rule) for property-carrying commercial motor vehicles. A driver in the state of Alaska is not permitted to drive more than **15** hours following **10** consecutive hours off or after being on-duty for **20** hours or more following **10** consecutive hours off-duty. Weekly aggregate on-duty limits prohibit a driver from driving after having been on-duty for **70** hours in any period of **7** consecutive days if the motor carrier for which the driver drives if the motor carrier does not operate CMVs every day of the week. If the motor carrier operates CMVs every day of the week, drivers may not drive after having been on-duty for **80** hours in any period of **8** consecutive days. For more information, please contact the Alaska Department of Transportation and Public Facilities at (907) 278-1779.

Arizona - Arizona has adopted the federal HOS regulations but does offer a construction industry exception. Under the exception, drivers who have been off-duty for **24** hours or more may reset their calculation of the **60**-hour/**7**-day or **70**-hour/**8**-day weekly on-duty aggregate totals. To declare this exception, drivers must be transporting construction materials to or from a construction site within a **75**-mile radius of their normal work reporting location. For more information, please contact the Arizona Department of Transportation at (602) 255-0072.

Arkansas - Arkansas has adopted the federal HOS regulations. For more information, please contact the Arkansas State Highway Commission at (501) 569-2421.

California - California has adopted the federal HOS regulations with certain exceptions. Under the California adoption, drivers shall not drive more than **12** hours, or drive after having been on-duty for **15** hours, following **8** consecutive hours off-duty, nor shall any driver be required or permitted to drive after having been on-duty for **80** hours in any consecutive **8** days.

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For more information, please contact the California Highway Patrol at (916) 445-1865.

Colorado - Colorado has adopted the federal HOS regulations, however, the weekly on-duty aggregate limits have been increased for intrastate drivers. Drivers may not drive after **70** hours on-duty in **7** consecutive days if the motor carrier for which the driver drives does not operate CMVs every day of the week. If the motor carrier operates CMVs every day of the week, drivers may not drive after **80** hours on-duty in **8** consecutive days. Drivers who have been off-duty for **24** or more hours may reset their calculation of the **70**-hour/**7**-day or **80**-hour/**8**-day weekly on-duty aggregate totals. For more information, please contact the Colorado State Patrol at (303) 273-1875.

Connecticut - Connecticut has adopted the federal HOS regulations. For more information, please contact the Connecticut Department of Motor Vehicles at (860) 263-5445.

Delaware - Delaware has adopted the federal HOS regulations for all vehicles over 26,000 pounds. For more information, please contact the Delaware Department of Public Safety at (302) 328-5230.

District of Columbia - The District of Columbia has adopted the federal HOS regulations. For more information, please contact the Metropolitan Police Department at (202) 727-1555.

Florida - Florida has adopted intrastate tolerance guidelines for intrastate drivers. A driver is allowed to drive any part of the first **15** on-duty hours in any **24**-hour period. He or she may not operate a commercial motor vehicle again until he or she has had **8** hours of rest. A driver may not be on-duty more than **72** hours in any period of **7** consecutive days, but carriers operating every day of the week may permit drivers to remain on-duty for a total of no more than **84** hours in any period of **8** consecutive days. Drivers may reset their weekly aggregate on-duty totals by taking at least **24** hours off-duty. An intrastate driver operating within a **200** air-mile radius of the vehicle's home base does not need to keep logs but the motor carrier is responsible for keeping records of the driver's on-duty time for the required six months. Drivers of commercial motor vehicles less than 26,000 pounds do not need to comply with HOS

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regulations. For more information, please contact the Florida Department of Transportation at (850) 488-7920. ***Note: Florida is forfeiting a portion of its Motor Carrier Safety Assistance Program (MCSAP) funding because of its logging exception and its weekly on-duty aggregate totals, both of which are in excess of the maximum federal variances allowed in 49 CFR 350.341 (d) and (e). Federal tolerance guidelines allow a limit of a 150 air-mile radius logging exception for intrastate drivers and maximum weekly on-duty totals of 70 hours in 7 days or 80 hours in 8 days.***

Georgia - Georgia has adopted the federal HOS regulations. For more information, please contact the Georgia Department of Motor Vehicle Safety at (678) 413-8827.

Hawaii - Hawaii has adopted the federal HOS regulations. For more information, please contact the Hawaii Motor Vehicle Safety Office at (808) 692-7659.

Idaho - Idaho has adopted the federal HOS regulations. For more information, please contact the Idaho Transportation Department at (208) 334-8688.

Illinois - Illinois has adopted the federal hours of service regulations. However, the **100** air-mile record of duty status (logbook) exemption has been upped to **150** miles for intrastate drivers. For more information, please contact the Illinois Department of Transportation at (217) 785-1181.

Indiana - Indiana has adopted the federal HOS regulations. However, HOS requirements do not apply to drivers engaged in intrastate construction or a construction-related service. For more information, please contact the Indiana State Police at (317) 615-7373.

Iowa - Iowa has adopted the federal HOS regulations with a few exceptions, including a construction industry exception. Drivers for private carriers engaged exclusively in intrastate commerce for the transport of construction materials and equipment may drive a maximum of **12** hours during a maximum on-duty period of **16** hours in a **24**-hour period. Weekly aggregate on-duty totals may not exceed **70** hours in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or

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80 hours in **8** consecutive days if the motor carrier operates CMVs every day of the week. For more information, please contact the Iowa Office of Motor Vehicle Enforcement at (800) 925-6469.

Kansas - Kansas has adopted the federal HOS regulations. For more information, please contact the State Corporation Commission at (785) 271-3186.

Kentucky - Kentucky has adopted the federal HOS regulations. For more information, please contact the Kentucky Transportation Cabinet at (502) 564-3276.

Louisiana - Louisiana has adopted the federal HOS regulations for all intrastate commercial motor vehicles over 20,000 pounds. For more information, please contact the Louisiana Department of Public Safety at (225) 295-8550.

Maine - Maine has adopted the federal HOS regulations, but intrastate motor carriers operating less than **100** air-miles from their place of business are exempted from HOS requirements. For more information, please contact the Maine Bureau of State Police at (207) 624-8939. ***Note: Maine is forfeiting a portion of its Motor Carrier Safety Assistance Program (MCSAP) funding because of the above provision allowing intrastate drivers operating within 100 air-miles from their place of business to be exempt from HOS requirements.***

Maryland - Maryland has adopted tolerance guidelines for intrastate drivers. Intrastate drivers operating within a **150** air-mile radius of the driver's normal work reporting location can be on-duty for up to **16** hours with no more than **12** hours dedicated to driving. The driver then must have at least **8** consecutive hours off-duty before being eligible to resume driving. Maximum weekly aggregate on-duty limits are **70** hours in **7** consecutive days and, if the motor carrier operates CMVs every day of the week, **80** hours in **8** consecutive days. A record of duty status (logbook) is not required unless the driver is on-duty for more than **12** hours. In that case, the driver must maintain a record of duty status that accounts for all driving time during the first **12** hours and accounts for all time, in conformance with federal regulations, after that. For more

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information, please contact the Maryland State Police at (410) 694-6100.

Massachusetts - Massachusetts has adopted the federal HOS regulations. For more information, please contact the Massachusetts State Police at (978) 369-1004.

Michigan - Michigan has adopted the federal HOS regulations with some modifications. The **60** hours/**7** days and **70** hours/**8** days limit to on-duty time requirement does not apply to seasonal construction industry drivers as long as they are within a **100** air-mile radius of the normal work reporting location and their total driving time does not exceed **40** hours in any period of **7** consecutive days. For more information, please contact the Michigan State Police at (517) 336-6195.

Minnesota - Minnesota has adopted the federal HOS regulations with some modifications. HOS rules do not apply to private intrastate carriers engaged in transport of construction materials, equipment, or moving between job sites. For more information, please contact the Minnesota Department of Public Safety at (651) 405-6171.

Mississippi - Mississippi has adopted the federal HOS regulations. For more information, please contact the Mississippi Public Service Commission at (601) 961-5465.

Missouri - Missouri has adopted the federal HOS regulations. For more information, please contact the Missouri State Highway Patrol at (573) 526-6128.

Montana - Montana has adopted the federal HOS regulations for vehicles weighing 26,001 pounds and over. For more information, please contact the Montana Highway Patrol at (406) 444-3300.

Nebraska - Nebraska has adopted intrastate tolerance guidelines for commercial motor vehicles over 10,000 pounds. An intrastate driver is allowed to drive a maximum of **12** hours within a **16**-hour on-duty period after having **8** consecutive hours off-duty. Drivers will not be permitted to drive after being on-duty **70** hours in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or **80** hours in **8** consecutive days if the motor carrier operates CMVs every day of

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the week. For more information, please contact the Nebraska State Patrol at (402) 471-0105.

Nevada - Nevada has adopted intrastate tolerance guidelines. Intrastate drivers may have a maximum of **12** hours of driving time and may not driver after **15** hours on-duty. Each shift must be separated by a minimum of **10** hours off-duty. Intrastate drivers may not drive after **70** hours on-duty in a **7**-day period. For more information, please contact the Nevada Department of Public Safety at (775) 684-5300.

New Hampshire - New Hampshire has adopted the federal HOS regulations. For more information, please contact the New Hampshire Department of Safety at (603) 271-3339.

New Jersey - New Jersey has adopted intrastate tolerance guidelines. Intrastate drivers involved the transportation of construction materials may have a maximum of **12** hours of driving time and may not drive after **16** hours on-duty. Each shift must be separated by a minimum of **10** consecutive hours off-duty. Drivers may not drive after having been on-duty **70** hours in a **7**-day period if the employing motor carrier does not operate commercial motor vehicles (CMV) every day of the week, or **80** hours in an **8**-day period if the employing motor carrier operates CMVs every day of the week. For more information, please contact the New Jersey Division of State Police at (609) 882-2000.

New Mexico - New Mexico has adopted the federal HOS regulations for all vehicles 26,001 pounds and over. The **100**-mile reporting exception may be extended up to **150** miles for intrastate commerce. For more information, please contact the New Mexico Department of Public Safety at (505) 827-2266.

New York - New York has adopted the federal HOS regulations. A wall poster displaying the HOS requirements must be displayed at each plant. For more information, please contact the New York Department of Transportation at (518) 457-1016.

North Carolina - North Carolina has adopted tolerance guidelines for intrastate drivers. An intrastate driver may not drive more than **12** hours following **8** consecutive hours off-duty, or after having been on-duty **16** hours following **8** consecutive hours off-duty. A driver shall not drive after having

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been on-duty **70** hours in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or **80** hours in **8** consecutive days if the motor carrier operates CMVs every day of the week. An intrastate driver is defined by his or her previous **7** days in operation. For more information, please contact the North Carolina Division of Motor Vehicles at (919) 715-8683.

North Dakota - North Dakota has adopted tolerance guidelines for intrastate drivers. An intrastate driver may not drive more than **12** hours following **8** consecutive hours off-duty or after having been on-duty for more than **15** hours. A driver may not drive after having been on-duty for **70** hours in **7** consecutive days. An intrastate driver is also exempt from maintaining a record of duty status (logbook) if he or she operates in an **150** air-mile radius from the normal work reporting location, at least **8** hours off-duty separate each **12** hours on-duty, the driver is released within **12** consecutive hours of reporting for work, and the motor carrier maintains records for at least six months showing the time the driver reports and is released each day. Vehicles weighing less than 26,000 pounds are not subject to HOS requirements. For more information, please contact the North Dakota Highway Patrol at (701) 328-2455.

Ohio - Ohio has adopted the federal HOS regulations with a construction industry exception. An intrastate driver operating within a **50** air-mile radius of the normal work reporting location who is transporting construction materials to and from an active construction site will be allowed to drive no more than **12** hours following **8** consecutive hours off-duty and may not drive after being on-duty for **16** hours following **8** consecutive hours off-duty. If the motor carrier does not operate CMVs every day of the week, drivers will not be permitted to drive after **70** hours in **7** consecutive days. If the motor carrier operates CMVs every day of the week, a driver will not be permitted to drive after being on-duty **80** hours in **8** consecutive days. All vehicles over 26,000 pounds are subject to HOS requirements. For more information, please contact the Public Utilities Commission of Ohio at (614) 466-0369.

Oklahoma - Oklahoma has adopted the federal HOS regulations with some modifications. All drivers of vehicles over 26,000 pounds are subject to federal guidelines, but intrastate drivers are allowed a maximum of **12** hours of driving time and may not drive after **15** hours on-duty. Drivers must have **8** consecutive

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hours off-duty between shifts. For more information, please contact the Oklahoma Department of Public Safety at (405) 521-6103.

Oregon - Oregon has adopted the federal HOS regulations with some exceptions. Intrastate drivers for motor carriers that have not received an unsatisfactory safety rating are subject to tolerance guidelines. Under the guidelines, a driver may not exceed **12** hours driving following **8** consecutive hours off-duty. In addition, a driver may not drive after being on-duty for **16** consecutive hours following **8** consecutive hours off-duty. A driver may not drive for any period following **70** hours on-duty in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or **80** hours in **8** consecutive days if the motor carrier operates CMVs every day of the week. A driver does not need to maintain a record of duty status (logbook) if he or she operates within a **100** air-mile radius of the normal work reporting location and is released from work within **16** hours, has at least **8** consecutive hours off-duty between each **16** hour on-duty period, and does not exceed **12** hours maximum driving time following **8** consecutive hours off-duty. For more information, please contact the Oregon Department of Transportation at (503) 378-6615.

Pennsylvania - Pennsylvania has adopted the federal HOS regulations. All drivers of vehicles over 17,000 pounds are subject to these regulations unless drivers can be defined as incidental drivers who drive as an incidental part of their employment within a **100** air-mile radius of where they report for duty. These drivers must also devote less than **50** percent of their on-duty hours to driving. An incidental driver's primary employment cannot be as a driver. For more information, please contact the Pennsylvania Motor Carrier Division at (717) 787-7445.

Rhode Island – Rhode Island has adopted the federal HOS regulations. For more information, please contact the Rhode Island Division of Motor Vehicles at (401) 588-3020.

South Carolina - South Carolina has adopted intrastate tolerance guidelines. Intrastate drivers are prohibited from driving more than **12** hours following **8** consecutive hours off-duty and after having been on-duty **16** hours following **8** consecutive hours off-duty. Drivers are also limited to **70** on-

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duty hours in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or **80** hours in **8** consecutive days if the motor carrier operates CMVs every day of the week. An intrastate driver is defined by his or her previous **7** days of operation. For more information, please contact the South Carolina State Transport Police at (803) 896-5500.

South Dakota - South Dakota has adopted the federal HOS regulations for vehicles that weigh over 26,000 pounds or that have four or more axles. For more information, please contact the South Dakota Department of Commerce and Regulation at (605) 773-4578. ***Note: South Dakota is forfeiting a portion of its MCSAP funding because of intrastate regulations allowing drivers 16 years of age to drive Commercial Motor Vehicles (the minimum federal standard is 18 years of age).***

Tennessee - Tennessee has adopted the federal HOS regulations. For more information, please contact the Tennessee Department of Safety at (615) 687-2260.

Texas - Texas has adopted tolerance guidelines for intrastate drivers. A driver is allowed **12** hours of driving time after having **8** consecutive hours off. Drivers will not be permitted to drive after being on-duty **70** hours in **7** consecutive days. The record of duty status (logbook) air-mile radius is **150** miles for intrastate drivers. These regulations apply to all vehicles over 26,000 pounds. For more information, please contact the Texas Department of Public Safety at (512) 424-2052.

Utah - Utah has adopted federal HOS guidelines with some slight modifications. For construction industry drivers transporting equipment and materials to and from an active construction site any **7** or **8** consecutive day period for the purpose of reporting hours may end with the beginning of any off-duty period of **34** or more consecutive hours. For more information, please contact the Utah Department of Transportation at (801) 965-4340.

Vermont - Vermont has adopted the federal HOS regulations. HOS regulations apply to intrastate vehicles weighing 26,001 pounds or more. For more information, please contact the Vermont Agency of Transportation at (802) 828-2078.

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Virginia - Virginia has adopted the federal HOS regulations. However, VA state police have indicated they will enforce the tolerance guidelines, rather than federal rules. For more information, please contact the Virginia Department of Motor Carrier Safety at (804) 378-3489.

Washington - Washington has adopted the federal HOS regulations. For more information, please contact the Washington State Patrol at (360) 753-6540.

West Virginia - West Virginia has adopted the federal HOS regulations. For more information, please contact the West Virginia Public Service Commission at (304) 340-0483.

Wisconsin - Wisconsin has adopted intrastate tolerance guidelines that apply to vehicles over 26,000 pounds. Intrastate drivers may drive no more than **12** hours following **8** consecutive hours off-duty, and no driver may drive after **16** hours on-duty following **8** consecutive hours off-duty. Drivers are also prohibited from driving after having been on-duty **70** hours in **7** consecutive days if the motor carrier does not operate CMVs every day of the week or **80** hours in **8** consecutive days if the motor carrier operates every day of the week. While a driver is traveling, but not driving at the direction of a motor carrier, the traveling time shall be counted as on-duty time unless the driver is afforded **8** consecutive hours off-duty upon reaching the destination, in which case he or she shall be considered off-duty for the entire period. A driver is exempt from keeping a record of duty status (logbook) as long as he or she is operating within a **150** air-mile radius of the driver's home post office or the worksite of the vehicle, provided the following conditions are met: The driver returns to the normal work reporting location for each shift and is released within **12** consecutive hours, at least **8** consecutive hours off-duty separate each **12** hours on-duty, the driver does not exceed **12** hours maximum driving time following **8** consecutive hours off-duty, and the motor carrier that employs the driver maintains and retains, for a period of six months, accurate and true time records showing the time the driver reports for duty each day, the total number of hours the driver is on-duty each day, and the time the driver is released from duty each day. Every motor carrier shall require every driver used by the motor carrier to record his or her duty status for each 24-hour period. For more information,

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please contact the Wisconsin Division of State Patrol at (608) 266-3212.

Wyoming - Wyoming has adopted a slightly modified version of the federal HOS regulations. Intrastate drivers within a **150**-mile radius are exempt from keeping a record of duty status (logbook). Vehicles over 26,000 pounds are subject to federal regulations. For more information, please contact the Wyoming Department of Transportation at (307) 777-4850.

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